INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS
DELTA KAPPA GAMMA

NU Chapter East ~ Oklahoma Organization Editor: Opal Upshaw s_upshaw@hotmail.com Issue 1

The Nu News

September 2026

Date: September 15
Time: 4:00 for refreshments & 4:15 for meeting
Location: Opal Upshaw's home
2617 Williamsburg St.
Program: Assemble Hope Clinic gift/hygiene bags; DKG International Report from **Belinda Clift** SW Regional Director; Business Meeting
Hostess: Opal Upshaw
Inspiration: Judy Cells
Donation: Hope Clinic Supplies

Belinda Clift
SW Regional Director

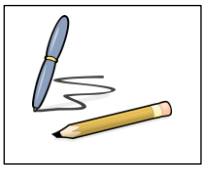
Hope Clinic Gift Bag

BRING Hope Clinic Supplies for Gift bags:
(Personal sizes)
Hand lotion
Wet Ones
Kleenex
Chapstick
Hand sanitizer

Similar hygiene items can be substituted.

From the Co-Presidents…

Betty & Judy's Beneficial Jottings



Welcome back to a new year. Betty and I are excited to jump into the BIG shoes Kay has given us. I myself am a bit unsure of the road I'm on. But I have all of you to lean on and help guide me through it. I wish I had watched Kay just little closer during my time in DKG.

By this time, you have received the July/Aug edition of the DKG News in the mail. If you didn't, please let somebody know. The International Convention was held in Aurora last month. We now have a new slate of officers conducting DKG's International business. Our new International president is Connie Rensink from our neighboring state of Texas. Check out the DKG website for a complete list of officers.
Our first activity happened at the "Back to School Rally" for teachers on August 10th. Kay, Betty, and I talked with teachers about DKG. Hopefully, some will have the desire to join our group.

We have some great meetings planned for this year. I hope each of you will try to make them all. Our meeting's starting time has changed. Snack time now starts at 4:00 and the meeting begins at 4:15. With this movement, we might save some time and get done sooner.

Our first meeting is Sept 15th at Opal's home. Then within a week, we will be providing a meal for Hope Clinic.

Hope to see all of you in September.
Judy

Officers: Co-presidents- Judy Cells & Betty Keim Vice President – Kay Morris Secretary – Opal Upshaw
Treasurer – Vicki Cabler Parliamentarian – Charlene Wells

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Nu Has New Chapter Officers

Opal Upshaw-Sec, **Betty Keim & Judy Cells**-co-pres, **Kay Morris**-VP, **Vicki Cabler**-Treas, and **Charlene Wells**-Parliamentarian

September Birthdays

Marty Louthann
September 25

SEE Participants– Success for Early Educators

Kessi Cabler** and **Coral Serio

Essay Winners and teacher from Central Middle School.

May Minutes

On May 19, 2026, seven members and ten guests met at the Tyler Memorial Library in Dewey. All members provided refreshments. Get well cards were signed for those with health needs.

President Kay welcomed **essay winners** and their families. Essay winners read their essays on the topic "WHAT WOULD CHANGE IF YOU WERE THE PARENT IN THE FAMILY?" Seventh graders James Ruddick and Marisa Collins, from Central Middle School, tied for second place; Connor Durrell, also from Central Middle School, was the 1st place winner. Eighth grade winner Haily Radford from Bowring could not attend.

Awards and Milestones…
Secretary Opal Upshaw presented **Perfect Attendance** awards to Judy Cells, Betty Keim, Kay Morris, and Susan Simmons. Opal also had perfect attendance.

Kay presented a meaningful **thank you** plate to honor Opal Upshaw who will celebrate her **40th year** since joining DKG in September 1986. She also gave special **thank you gifts** to each officer for their service this past biennium and handed off the rolling suitcase to upcoming co-presidents Judy Cells and Betty Keim.

Vicki Cabler gave an update on **Kessi Cabler**, Scholarship recipient. She will be getting her first apartment soon as she prepares for her first teaching job as a PreK teacher at South Rock Creek Schools just outside of Shawnee.

Old Business…
Members were reminded to pay **dues**, bring items for the OSO **Auction Basket**: **Outdoor Games**, to sign up for **committees, hostess**, and **inspirations**. She also asked for ideas for **programs** for next year.

New Business…
Since this was Kessi's last year as a **scholarship recipient**, members were asked to consider names for a future candidate. Members were also asked to think about who to support as a **SEE candidate** next year. (*Continued on page 3)*

(May Minutes continued from page 2)

Treasurer's Report…

Kay Morris presented the **Treasurer Report** for Susan Simmons:

Account Balances
1-year CD $55,472.88
2-year CD $ 5,000.00
Business savings $6,042.59
Checking Available $830.30

The following were **installed as officers** for the 2026-2028 biennium and presented with a single red rose:
Co-Presidents **Judy Cells** and **Betty Keim**
Vice President **Kay Morris**
Secretary **Opal Upshaw**
Treasurer **Vicki Cabler**
Parliamentarian **Charlene Wells**

Meeting adjourned.
Opal Upshaw, Secretary

***Opal Upshaw** is pictured with other chapter who participated in the **SEE Initiative** at the 2026 Conference.*

At **2026 OSO Conference** Nu received recognition for participating in World Fellowship, SEE initiative, G.I.R.L.S., Auction Basket, Essay Contest, Newsletter Award, Annie Award and RED/GOLD Achievement Award. GOOD JOB LADIES!

*As OSO Secretary, **Kay Morris** takes roll at State Conference.*

***Betty Keim** poses with other **GOLD Achievement Award** winners.*

***Kay Morris** received the **Chapter Star Award**.*

***Betty Keim** was a first timer at the 2026 Conference*

NU will **serve** a meal for **HOPE Clinic** on **Thursday, September 24.** What about a couple of **soups** with all the fixings?

Website Information

NU Website:
https://sites.google.com/dkgnubart.com/oklahoma-nu-chapter-home-about/home
(Our OkNu website has links to websites for easier access.)
Headquarters: www.dkg.org
Username: use **ID#** on membership card
Password: dkg2014society

Oklahoma: www.okdkg.org
Protected Password: DKGOK2019

May Memories

Judy Cells *and* ***Sue Reynolds*** *look forward to hearing the students read their essays.*

Vicki Cabler, Judy Cells, Sue Reynolds *and* ***Betty Keim*** *enjoy conversation prior to the program.*

Charlene Wells *and* ***Vicki Cabler*** *are ready for the program.*

Opal Upshaw *and* ***Kay Morris*** *can't believe it's the last meeting of the year!*

MISSION STATEMENT

To promote professional and personal growth to women educators and excellence in education.

VISION STATEMENT

Leading women educators
Impacting education worldwide

LEGISLATIVE UPDATE...
With the recent opening of the 2026 session of the Oklahoma Legislature, you may want to follow some of the proposed bills. Two major areas of concern are literacy and teacher retention and recruitment. You can track legislation at www.oklegislature.gov or www.legiscan.com

PROGRAMS

Oct. 27, 2026 (Tuesday)
4:00 snacks
4:15 meeting
Location: St. Dewey United Methodist Church, 618 N. Delaware
Program: Past Presidents' Auction
Inspiration: Susan Simmons
Hostesses: Betty Keim, Angela Reinsager
Donation: Every Child Benefits (formally G.I.R.L.S.) – Make checks payable to DKG, NU

Nov. 17, 2026 (Tuesday)
4:00 snacks
4:15 meeting
Location: Bartlesville Public Library meeting room A upstairs
Program: Kay Little & Betty Keim History of School Marms; business mtg
Inspiration:
Hostesses: Judy Cells
Donation:

Dec. 15, 2026 (Tuesday)
4:00 snacks
4:15 meeting
Location: Bartlesville Public Library meeting room A upstairs
Program: Wreaths for Verterans, DAR presented by Donna Copeland
Hostesses: EVERYONE
Donation: Pack the Backpack

Air Fryer Roasted Veggies

Cut veggies you prefer: broccoli, cauliflower, carrots
Spray with Olive oil or Avocado oil
Add Salt and Pepper to taste
Air fry at 400 for 12 minutes. **Shake** basket at half

Jan. 9, 2027 (Tuesday) 1:00
Location: Judy Cell's house, 1340 Lariat
Executive Committee Meeting, **Officer's only**

Feb. 9, 2027 (Monday)
4:00 snacks
4:15 meeting
Location: Vicki Cabler's home, 4725 Harned
Program: Cake decorating; business mtg
Inspiration: Judy Cells
Hostesses: Vicki Cabler
Donation: **World Fellowship** - Make checks payable to DKG, NU

March 20, 2027 (Saturday) 12:00 p.m.
Location: Bambino's Downtown Bistro, 101 SE Frank Phillips
Program: Marty Louthan ESL, OSO President Lori Richardson Morphew, SEE Participants Kessi Cabler and Coral Serio

April 20, 2027 (Tuesday)
4:00 snacks
4:15 meeting
Location: Bartlesville Public Library meeting room A upstairs
Program: Women in the Military presented by Joe Todd
Inspiration: Opal Upshaw
Hostesses: Kay Morris
Donation:

May 18, 2027 (Tuesday)
3:00 for members
4:00 for guests
Location: Tyler Memorial Library, 821 N. Shawnee, Dewey, OK
Program: Essay Winners, Chapter Awards, Milestones; collect items for Basket, collect dues
Inspiration: Kay Morris
Hostesses: EVERYONE